

# European Skin Care & Holistic Center

February 2018  
◆◆ Newsletter ◆◆

## IT'S FINALLY TIME TO CHANGE!

## LET'S SWITCH UP YOUR REGIMEN

*The weather's changing-- do you need to change your products too?*

**When winter was here**, we cranked up the heaters to stay warm. But with the drier weather and the addition of heaters, your skin became dry and flaky. You probably saw deeper looking wrinkles, a dull appearance, more acne breakouts, redness, sensitivity and an overall uncomfortable feel. Because of this, you changed your skin care products to something richer (or more hydrating) to compensate for the change in temperature and season. **This doesn't mean it's a permanent change, though!**

**THE TIME TO CHANGE AGAIN IS HERE!** The season is changing-- although it's still a bit chilly out in the evenings and early mornings, the days are beginning to show warmer temperatures. Soon we'll see less rain and more sun, greener leaves and hotter temperatures while Spring arrives and Summer comes in 'hot' on its heels. Your richer, more hydrating products, however, should start moving out. With the change in temperatures, they may quickly become too heavy, resulting in breakouts or a 'greasy' look to the skin. If you sweat easily, this can make your life even more uncomfortable. So it's time to consider a lighter product.

**HOLD ON! Don't throw them out!** Those products are still good! You can choose to still use your old winter products at night if they don't cause any issues. If they do, tuck those precious bottles and jars away in a cool place away from direct light (some even put them in the fridge!) and save them for those cooler 'dry skin days'.

**Not sure what to get?** No problem-- come in and talk with us so we can do an assessment on your skin. Make sure to take a picture, jot down the name of or bring in the product you're currently using so we can get a good idea of what you prefer.

**Need more help?** Sometimes what we really need is an exfoliation, masking and moisturization from a professional using professional grade products to really deeply hydrate

your skin. This is recommended for those who have especially dry skin, who have not had a facial in over a month or for those that need a more in depth skin consultation. If this is the case, you're in luck! Check out our specials below to read about our Custom Hydration Facial!

**Stop in or call** us to schedule your appointment today:  
(951)369-8112

**NOW AVAILABLE!**

VALENTINE'S  
»—WEEK—  
PACKAGES

**CHECK OUT OUR WEBSITE FOR MORE DETAILS!**

## **\$20 OFF the Custom Hydrating Facial**

Need a moisture boost? Try out our Custom Hydrating Facial to soothe your winter worn skin! **Ask for Pauline** to receive a deeply hydrating facial customized for your skin type!

## **\$10 DRY BRUSH EXFOLIATION\***

**\*When you purchase an hour or longer massage.**  
This lightly exfoliating procedure uses a dry brush to gently exfoliate, removing dry, dead skin that is more receptive to creams and oils. This service also helps to stimulate the circulation and warm up the body.

You must ask for Deanna and you must request this service in advance.

## **1/2 OFF BROW TINTING\***

**\*When you purchase any hour or longer facial with Dora**  
We use a gentle vegetable dye to tint the eyebrows to produce the appearance of a fuller brow and reduces the need for make-up application. Ask about our lash tinting!

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